

Tantrik Laboratories Siddha Esoteric Technologies:  
Vallalar's *Gnana Deham*” or “Body of Wisdom and Bliss”

*"We all come from the same Light source (Arut Perum Jothi, also called clear light). During the process of creation through the elements the physical body is formed. It is possible for us to reverse the process and make this physical body pure light, here and now, in this plane. We come from the source so we can be the source. When we express Love, Compassion, and Bliss we are all connected. We are One because those qualities are the qualities of all souls and also the qualities of the Absolute Eternal Grace Light. There is only one God which is the Absolute Eternal Light, no other form should be worshipped. There are no castes, no differences of sex...we are all equal. One should treat all life as he would treat his own life. One should not believe in scripture but gain his own understanding and knowledge. All religions, philosophies, and organizations are false, they are only hiding the truth. One should ask, "Do I accept death and aging?" If you do not accept this, then do something about it and follow my example."*

We hope to consolidate and distill the essence of this practice for the seeker to begin his research into the luminous wisdom of Ramalinga Swamikal – Arutprakasa Vallalar the Greatest of the Modern Sages into a concise, English guide for those seeking the Ultimate Path of the Siddhas. Tantrik Laboratories is dedicated to bringing the sacred substances, herbs, icons, technologies to the service of mankind into proactive Sainthood in healing the ill, feeding the hungry, and perfecting the Self into the Divine Light Body that is the spiritual tradition obscured in this era of darkness. We have made contacts with the lineages and Siddha doctors of these traditions and secure their alchemical power substances that aid meditation and kundalini energy and healing and focus spiritual energies. We also obtain the precious icons, yantras and magical herbs mentioned in the Siddha texts and kaya kalpa manuscripts for spiritual light body attainment. Siddhas like Boganathar and Vallalar gave recipes to aid the seeker in yoga and attainment, such as navapashanam and siddhi herbs, we have a special Siddha Guru who produces authentic and powerful navapashanam, bhasmas and ethically harvested Siddha herbs and formula. Please support our missionary works to spread this Siddha technology and your own practice and these Siddha traditional doctors by visiting our website and obtaining these precious substances.

## INVOCATION TO THE LIGHT

In all the temples, ashrams, in India we have Aarti, the offering to the Light, the Guru, and the divinities. In Siddha Sanmarga this chant is universal; it is directed toward the light Jothi which takes forms.

ARUT PERUM JOTHI, ARUT PERUM JOTHI,

THANIP PERUNG KARUNAI ARUT PERUM JOTHI

JOTHI JOTHI JOTHI SUYAM, JOTHI JOTHI JOTHI PARAM

JOTHI JOTHI JOTHI ARUL, JOTHI JOTHI JOTHI SIVAM  
VAMA JOTHI, SOMA JOTHI, VANA JOTHI, GNANA JOTHI  
MAGA JOTHI, YOGA JOTHI, VADHA JOTHI, NADHA JOTHI  
EAMA JOTHI, VIYOMA JOTHI, EARU JOTHI, VEERU JOTHI  
EAGA JOTHI, EAGA JOTHI, EAGA JOTHI, EAGA JOTHI  
AATHI NEEDHI VEDHANE  
AADAL NEEDU PAATHANE  
VAADHI GNANA BADHANE

VAZHGA VAZHGA NADHANE

ARUT PERUN JOTHI : Vast Grace Light.

ARUT PERUN JOTHI : Vast Grace Light.

THANIP PERUMG KARUNAI : Supreme compassion.

ARUT PERUN JOTHI : Vast Grace Light.

Jothi which is the root of all forms is suyam that is “ one which is not been produced but formed by itself.”

The same jothi is in the state of param” that is the root and the cause for everything in

the universe”.

Jothi is arul”one which is in the form of absolute compassion”.

Jothi is also sivam”one which is inside every atom, inseparable”.

Vama jothi , jothi as the form of the sun.

Soma jothi , jothi as the form of the moon.

Vana jothi , jothi as in the form of immeasurable ether or space.

Gnana jothi , jothi as in the knowledge of the space.

Maga jothi , jothi as in the potential atom of the soul.

Yoga jothi , jothi as in the manifestation of the soul.

Vadha jothi, jothi as in the action, the driving force of the soul

Nadha jothi, jothi as in the bliss (omkara nadham) of the soul.

Eama jothi, jothi as in the everlasting immortal effulgence.

Viyoma jothi , jothi which is omnipotent without a smallest interval of space in the universe.

Earu jothi, jothi which is not interrupted by any forces.

Veeru jothi, jothi which is capable of manipulating all and any actions of the anything in the universe and beyond.

Eaga jothi, nevertheless jothi remaining to be one and oneness with all the above attributes.

Aadhai needhi vedhane: one which is the truthful king of all living beings right from the

days of beginning.

Aadal needu padhane: the holy feet of one who is activating all atoms through His uninterrupted movement.

Vadhi gnana bothane: it is the one who is the true Guru for the beings which are contemplating on how the above actions are taking place.

Vazhga vazgha nadhane: hail the glorious Lord, the glorious Lord..

Vallal malaradi Valga valga

Ella uyirgalum inputru valga.

Let prosperity, prosper at the lotus feet of the one who gives freely.

Let all beings live in absolute felicity

Benediction before meals

ARUT PERUN JOTHI : VAST GRACE LIGHT ARUT PERUN JOTHI : VAST GRACE LIGHT.

THANIP PERUMG KARUNAI :

SUPREME COMPASSION.

ARUT PERUN JOTHI : VAST GRACE LIGHT.

Father, Mother Creator of all that is,

Vast Grace Light;

Thank you for all your blessings and teachings

Let this food be purified and multiplied at the infinite so all Beings can enjoy this meal

Let this food be an amrita of Love and Light for each one of my cells

Sri Ramalinga of the Gnana Siddhars

*"Oh, Lord of the Eternal Love! Only to bestow me on the Golden Body, You have melted with my heart. Being fused with me, oh Supreme Love, You have transformed my body with the Grace Light"*

Many have tried to tell the story of the greatest modern Siddha saint Arutprakasa Vallalār Chidambaram Ramalingam with much more eloquence than we and thus we will provide a section of english files for the student to read further. We refer to Sri Ramalinga below by primarily by his title Vallalar meaning, the the Great Munificent. He was born October 5th, 1823 in Marudhur, a village near Chidambaram, present day Tamil Nadu, India. His purity, devotion, clear example of sainthood resonate his inner light around the world, and establish and validate all the lore and legends of the Ghana Siddhars of Southern India. For achieved the immortal light body in modern times in one of the most documented cases, giving all those seekers and future saints living proof of what the human potential. This is a guide for those seeking to elevate their spiritual energy to the highest state of Absolute Self.

This is the highest alchemy of transmuting the physical body that is destined to be a corpse and become the super-luminal Siddha Saint. We can all assess a sickness in the inner and outer worlds, the misery, pain and despair that can cloud the pure intention to ignite the pure divine light within and be a conduit for the Siddhar sainthood of healing, teaching and feeding the poor. This is for those that want to raise their energy up and achieve Siddhis and empowerment towards the benefit of mankind balanced with the inner Great Work of the alchemical light body and join the galaxy of Siddha Saints. This is the perfect path for the householder or hermit, for those floundering in the New Age platitudes but lost in terms of true meditation. This is for those that have searched for a guru or empowerments but desire that concise clear path towards Siddhas and true attainment.

Vallalar taught the way of Samarasa Suddha Sanmarga Sangam or “the **path of Vast Grace-light** (say Grace-Light Yoga)” and **Science of Evolution in progressing towards attaining the evolutionary deathless divine physical body on the earth itself**. As science seeks to eliminate death through genetic manipulations and transhumanism, the Saints of the Ancient World have universally taught an attaining of the Light Body as the true human spiritual immortality. This is the the Organic Light Body of Vast Grace, the true alchemical Great Work and the goal of human evolutionary existence. As the novelty of the Kali Yuga climaxes into more absurd manifestations of the consensus reality, it takes on the role of an initiatory dissolution of all the old paradigms, structures and prejudices. The Siddhas can thus be seen to be both Traditional in preserving the true Initiatory technologies and skillful means and yet they are transcendent to modernism and yet thoroughly scientific, although not materialist or reductionist as the fatal flaw of Scientism. As such he used the term Samarasa for his path, as Samarasam means “that it has **made the ends or goals of all the schools of religious and philosophical disciplines as its starting point** (poorva) and leads to a **harmonization or Uttara**, a high level or an exalting state which is the **Guru Turya** (i.e., the first or the transition state into the **Vastness of Supermind**).

Vallalar wrote many poems describing the stages and spiritual technologies to achieve this Highest Numinous Body. The three primary stages are

- 1. The transformation of the mortal human body in the “Suddha Deham” or “Perfect Body”, that is achieved by means of Compassion and Devotion to God.**
- 2. The transformation in the “Pranava Deham” or “Body of Grace and Light”.**
- 3. The transformation in the “Gnana Deham” or “Body of Wisdom and Bliss”, the body of Supreme God.**

The essential secret to this process, the catalyst is the deepest empathy for all life that generates an overwhelming spiritual compassion that dissolves aeons of karmic bonds, psychic knots, and binding tethers to the gross and base existence of life. The essential, authentic and all encompassing Compassion toward all the beings or paropakaram and devotional Meditation satvicharam are the two balancing modes of practice that facilitate the organic spiritual evolutionary ignition to the Light Body. Vallalar abhorred starvation and hunger and made it his mission to feed the poor, establishing the Sathya Dharma Saalai in 1897 at Vadalur to eradicate hunger and it has been feeding the poor, sick and the hungry twice a day for the past 135 years. He has many miracles of miraculous feedings of people or

rescuing those starving by ensuring the valuable delivery of rice when it was hopeless to arrive.

Vallalar emphasized an extreme devotion to God, a feverous, crying, begging and longing for the Divine Grace, the true Empowerment that is the inner alchemy of the inner heat (shuddi ushanam) that breaks the knots and bindings to this lower self and corporeal body or *karana sarira*, causal *body*. "When this universal Love and this sacred Heat are realized, body and soul are prepared for the descent of the Grace in the shape of Light. When this happens, the material body constituted of impure elements is transformed into a "Body of Pure Light" that emits a golden brightness." Vallalar praised the formless Absolute Light of the Divine, but in his poems it is clear he held a specific devotion to the Divine in the form of Lord Murugan and Shiva Nataraja, again linking him in the lineage and devotional practices of the South Indian Siddhas like Boganathar. Lord Murugan carries so many esoteric secrets, it is a great clue and compassionate gift for the Siddhars to continually draw attention to this form of the divinity. Of Lord Murugan it is said, "He is also called Subrahmanya, meaning Brahman himself. He is depicted carrying a vel or spear which destroys ignorance pervading the human psyche. It symbolizes consciousness, which gives one the depth of thought, heights of intuitive perception, breadth of vision and sharpness of intellect. The emblems of peacock and rooster assist the lord in his function of leading the individual soul from bondage to liberation. Worshipping him helps to remove ignorance, bestow knowledge, fulfill desires, grant strength and inspiration for the performance of rituals and sacrifices, inspires one seek higher truths, guards righteousness, and ignites love and happiness in the hearts of the devout." The Vel also symbolized the kundalini energy,

The attributes of this body are described in Vallalar's poems, describing the "Golden Body resembles to have approximately twelve years of age. Lacks physiological activities. It does not eat, does not digest, does not excrete, does not grow neither ages. Exteriorly it possesses a beauty full of grace and does not project any shadow. Describing in exquisite way the phases of the transformation of his body, Ramalinga says that dermis and epidermis have become extremely soft; all the nerves, muscles and tendons have slackened little by little; the bones, membranes and cartilages have become very flexible; the blood has coagulated; the semen has concentrated being solidified; the brain and all its parts have been opened like a bud. All over the body an Elixir flows; the face glistens; the respiration is smooth and refreshing; from the tear glands abundant tears sprout; the mouth is half-opened tremulous and the ears are filled of sweet melodies. The entire body is refreshed and all its visible parts flourish in ecstasy. The heart swells palpitating Love. The ego vanishes, as the emotional and mental defects. A tender, loving and compassionate quietude dominates all the organism. The ardent desire to receive the divine Grace overflows. The Supreme Love fills the body, which is the temple of the divine Life."

The highest levels are firmly in the Siddha tradition, stretching back to the lineage of Boganathar, **Pranava Deham or Body of Grace:**

Ramalinga described a subsequent transformation of the Perfect Body in the Pranava Deham or Body of Grace. As he affirmed, it can be seen but not touched. It seems a celestial boy of approximately five to eight years of age. It dominates all the siddhis or yogic powers. His descriptions on this state recall those made by Boganathar on Bala Murugan (Lord Murugan being a boy).

In one of his poems Ramalinga assures having experienced this transformation and evolved even more. By doing it, the Supreme Grace was manifested as total Bliss.

**Gnana Deham or Body of Bliss:**

Ramalinga explains how he realized the experience of the highest and ultimate transformation: the transmutation in the Divinity, which he described as the fusion with the Supreme God's Body. This Body of Bliss, or Gnana Deham, is omnipresent but imperceptible for the senses. In one of his poems he affirms that the Self not alone was so benevolent to be melted with his own sublime body, but besides led him to the highest State of Grace and Divinity, this is Suddha Shivam. The glory of these who have realised the integral and perfect Bliss of the Divine is described in the various poems:

They shall have transformed the impure gross physical substances of their effectual body (asuddha bhuta karyadi) such as skin, nerves, bones, muscles, blood, semen etc., and their corresponding casual cells of impure nature (asuddha prakriti karana anu) to attain a golden effectual body of immeasurable purity and refinement (Suddha bhuta karya deha). They will have also a pure causal physical body (Suddha bhuta karana deha) which will appear as a golden form of body to the sight only but will be unseizable to the touch like ether, and an ether like body of Knowledge (Gnana Deha) which will be unseen.. (Jeevakarunayam - Prose)

One particularly alchemical miracle of Vallalar is told of him solidifying mercury into a bead just by his bare hand. One day a magician came and requested Vallalar to turn mercury into a bead. Vallalar gently poured into the hollow of his palm a little mercury and after keeping it closed for a while, dropped it as a mercury bead. This is a very profound miracle of the volatile mercury becoming fixed without any external implements other than his pure light energy and tapas. This also securely contextualizes him in the Rasa Siddha lineage of alchemical transmutations. He is reknowned for his healing and herbal knowledge and teaching the way towards the Light Body. Vallalar also had alchemical sandals of mercury, "Vallalar used to wear sandals of a very high quality called "Sakalath Padaraksha"made at Tanjore. He had said, "if jatilingam (a compound of mercury and sulphur) is kept within sandals which a Suddha dehi (a man of perfect and pure body) wears on, they will stand against fire or endure in the heat of fire (i.e., without melting)". A devotee-priest namely Sabhapathy had special sandals prepared for Vallalar in which four tolas of the said mercurous compound had been kept. At his request, Vallalar wore the sandals for 15 days and then later on the mercurous compound was removed from them and it was observed to withstand the heat of fire without change.

In 1871, the saint established Sathya Gnana Sabai at Vadalur where he kept an oil lamp burning constantly day and night. It is placed in the centre of a Lotus symbolising the God of Light in the human soul.

## The mantra Arut Perum Jothi

Datta says that faith is a gift from God and can be accessed through divine grace. One way to get in touch with divine grace is to use the Jothi Mantra "Arut Perum Jyoti". (Mantra for ascension - to invoke grace, light and compassion)

Arut Perum Jothi

Arut Perum Jothi

Thani Perum Karunai

Arut Perum Jothi

When I was Swami Ramalingam, I asked Shiva that I needed limitless intelligence and limitless energy, he said that I can have arul. Arul is limitless intelligence and limitless energy. Arul is opposed to marul which is limited intelligence and limited energy. Science and technology for instance is marul. But I needed limitless intelligence and energy, Shiva gave it to me. He said use this mantra

Arut Perum Jothi

Arut Perum Jothi

Thani Perum Karunai

Arut Perum Jothi

I started using it. Then I found I begin to know this infinite limitless arul. The meaning of

Arut Perum Jothi

Arut Perum Jothi

Thani Perum Karunai

Arut Perum Jothi

Arut Perum Jothi means arul with its infinite intelligent energy is a limitless vast light.

This is being repeated twice so the translation would be "Limitless intelligence and energy is a vast light".

The next line is Thani perum karunai which means the mercy of the lord.

Together the chant means "You get this unlimited intelligence and unlimited energy as a form of infinite light through the grace of god".

Let me rephrase it,

Through the grace of God you get arul, which is limitless intelligence and energy.

As you begin to chant,

Arut Perum Jothi

Arut Perum Jothi

Thani Perum Karunai

Arut Perum Jothi

then you develop this limitless intelligence and limitless energy.

Arul can be transmitted instantaneously within a fraction of a seconds. The downs biological human cells programmed to aged, pick up diseases and die will become light as soon as they come into contact with light of arul. Arul is non mind intelligence. It is the intelligence of the divine that enables you to do supernatural things. With arul you begin to develop psychic powers and also utter powers to appear and disappear at will, to attract people, to become so humungous, or to be become so little like an atom. All this is possible with arul. When given arul, you will have this ability to do anything and everything. As Ramalingam, I was sold to this idea. I did not value anything in life other than arul, I did honed it.

Talk given by Datta.

### **Accessing Divine Love, Divine Grace**

MANTRA: ARUT PERUM JOTHI

[Pronounced: AR-RUT PEY-RUM JO-TEE]

Chant this mantra: Arut Perum Jothi

When chanting, visualize grace as a vast light pouring down from heaven. The light comes down. It comes in through the top of your head.

Visualize the vast grace light getting into every cell of the body. Feel the grace of God in every part of you.

Arut means Intelligence. Intelligence is the grace of God. This chant and visualization reprogram your cells. As you continue the chant and visualization, Infinite Divine Intelligence starts to fill you.

Grace fills your mind and purifies it.

Grace fills your ego and purifies it.

The mind merges with grace, and merges with God.

Arut perum jyoti-this mantra comes directly from the Divine. Shiva Nataraj, the dancing form of Lord Shiva, gave it to me when I was Swami Ramalingam in my previous incarnation. I am



so happy to give it to you.

As you do the mantra, Arut perum jothi, visualize white light entering you. Keep seeing the grace light go deeper and deeper into your cells. Try this mantra for 20 minutes.

The suggested way is to take one teaspoon of a given herb in the morning and evening mixed with honey. The honey will give more power and life to the herb. As you mixt the two chant Arutperum Jothi mantra and ask the 'Divine Ambrosia to be manifest in the medicine.

Vallalarai Centrella asiatica An essential herb well known in the Ayurvedic and Siddha systems is Centrella asiatica, which lessens fatigue, skin issues, increases immunity, cleanses the blood, purifies body through sweat, balances vata (gas), kapha (phlegm), reinforces the brain, memory, nerves, augments the body calories and makes sperm dense. Calms the mind, eases depression and reduces sexual desire. It helps transform sexual energy into spirituality, rejevenates the cells of light and life, augments the power of kundalini and opens the channels, develps clarity of mind, helps for long meditation.

Thoothulai or solanum trilobantum, purifies, pores, neutralizes deficiencies of organs, takes away phlegm and mucus, nervous agitation, anxiety, early signs of cancer, typhoid, fever, trembling, fever, asthma nuetralizes vata and kapha, develops the tissues, striaghtens body and mind, gives sexual vitality, detoxifies through excrement, purifies heart. It is said to give contenment and joy, develop listening capacity, intelligen and control anger. Spiriutal it is said to make one shining, increaing perception of five sense, spiritual discernment, opens the chakras, brings good meditation, raises the seven veils, increases spiritual studies, and knowledge of higher Self.

Puliyarai or Oxalis corniculata, neutraizes Pitta or bile, removes deficiencies, reduces all heat and types of poison, toxins, reduces weight, aids food allergies, increase appetite, cures jaundice, increases blood flow and production, removes anemia, removes blood in excrement, over bleeding menstruaton, high blood pressure, reduces mind confusion and helps prevent heat attack. It strenghtens the body, neutralizes heat from the muladara chakra and develops the senses, rejuvenates and reduces grey hiar. It strengthens the subtle body, and aids secretion of the inner ambrosia.

Potralai or Eclipta alba, a tonic for all types of diseases, controls cholestrol, removes bile and phlegm, removes weakness of the body and debility of the mind, helps diabetes, neutalizes vata, pita, kapha, cures many liver diseases and jaundice. The Siddha say it aids the transformation of the golden body. Increase mental light power, peacefulness, builds up spiritual heat to help control excessive anger and sexual energies. It is said to increase soul light power.

Peayan, plantain root, considered the perfect kaya kalpa and divine tree of suddha sanmaga. Neutralizes the deficiencies of most psychic troubles, heals against poisons, pollution and radiation. Develops physical attraction, augments digestion and purgation and regulates prana, constructive power. Softens the mind and helps with excess stimulation, increases motherly divine feminine energy, loveliness, and liveliness. Contains an ambrosial power, opens chakras, good intelligence, creative power, grace of light, connected to Rudra heart center, control causal heat and protects from all evils.

## The Basic Sadhana

### MIND TRAINING

The flame represents Arut Perum Jothi, God.

As you concentrate on the flame with your eyes open, you open your heart to the flame by chanting the mantra prayer Arut Perum Jothi, - Arut Perum Jothi- Thanip Perung Karunai -Arut Perum Jothi.

Once the mind is calm, relax all concentration and remain in awareness, discover this place of silence. When the movement of thought is coming back, concentrate on the flame again. Repeat the same process up to when you can remain in a calm state for a while. From the calm state you will experiment emptiness and then discover the intrinsic awareness which is the void space.

### ARUT PERUM JOTHI VALLALAR MEDITATION

The four pillars

I. The intention, the orientation of meditation.

Concentrate upon the third eye and you visualize or contemplate one of the supports of devotion in front of you.

1) The flame which represents Arut Perum Jothi.

2) The golden sphere of light which is the manifestation of Arut Perum Jothi. It is written in gnana sarié and jothi agaval that the golden sphere of light is the manifestation of Arut Perum Jothi into the matter.

It is good to experiment both ways.

The flame is a good support for the external devotion; if you worship the flame one day you might have the experience that the Golden sphere of light will manifest itself from the flame. The golden sphere of light with the flame inside is the true knowledge.

3) Next step will be that we turn our devotion towards the infinite space. The light of All that is Arut Perum Jothi, which is light without being light inside the unborn infinite space.

4) We turn our devotion towards all life in this plane and other, Arut Perum Jothi is inside All that is. We just cover the diverse steps of Divine devotion with support and without support. It is important to understand this aspect of devotion which progressively will bring us to discover our real and truth nature which is absolute felicity and compassion. The goal of the meditation is that the Vast Grace Light become Me and not I become the Vast Grace Light like in other schools.

Do you understand the difference? We want to create the space in us for the Grace Light to descend and become One with us it is Him who works in us toward the transformation of this body

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#### ABOUT THE EYEBROW CENTRE

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Fix your attention to the eyebrow centre with awareness, open it, see the light and get delighted.

This is the mean of salvation; the last dance is coming from there.

From this place you get the inner ambrosia, all the Shitsabai or the Golden Sphere of Light comes to your possession.

Because I'm in possession of the Golden Sphere of Light, all the Devas and others speak about my glory.

No more illness is coming to me, all miseries is gone;

At this moment the last rule of Grace is offered to

me; all the Vedas and Agamas are speaking well about me.

Now in this cheating and unaware world, all my miseries from birth are gone: no more pain is available for me because the boat of Grace as been given to me.

In this boat of Grace, I got ascended and seated, sealing troughs that I come to a small chamber. In the centre of the Effulgent chamber there is a platform, a decorated Divine Gem. Having the vision of this true wisdom I'm delighted

Above the seven golden mountain a Divine pillar is appearing, and above it the last hole from Grace, ascending there their is so many vision revealed to me with so many colours: ruby, red, golden white , multicolour, emerald, pearl, coral so many transformation, it is beyond expression , only my Divine father witness it all.

Prosper Rishis, the Divine country of all delight

where reside the trans-state; I see the home of the last gem set where the Lord is doing is Divine dance. If you see this with unconscious awakesness you will be awakened to consciousness and you will clap your hands as a symbol.

Upon the mountain of light it is beyond limitation,

upon the trans- state you will chant in a natural way the Suddha Sanmarga poems.

When the Lord arrived all the dead comes back to life, this is a new type of enlightenment, not know before.

I got the realisation of the shrine of Chidambaram,

the Golden Sphere of Light, in consequence Siddhas and other height souls speak good about me, and all the miseries of this birth is gone.

Those who speak of good things and about God's Grace will get good fame and name; they will never loose their currencies.

Receiving Grace and speaking about the Lords glory will give you an eternal blissful life

Appendix

abstracted form of a article presenting historical Avatar's of Lord Murugan:

LORD MURUGA IS PRESENT IN THE FORM OF LIGHT IN OUR UNIVERSE

Since time immemorial Lord Muruga was presented as the Son of God, emitted from the frontal eye of Lord Shiva, in six sparks of fire which were cooled down into six babies on the surface of six lotus flowers spanned over the still water of the pond, Saravana Poygei. However Muruga came with a purpose to correct an action committed by his legitimate father, Lord Shiva. The three-eyed lord had blessed a demon Tarakasuran and his clique, Sinhamukhi and Surapadman and it was resolved that only a son to Shiva would be able to eliminate this gang of demons. The demons knew very well that the ascetism of Lord Shiva would never permit to have a child despite his marriage with Sita; AdiShakti was not part of the mission to create Lord Saravanan but She was responsible for nourishing and bringing up Lord SKandan under the Tamil name Korravai. Her worship dated from the most ancient time of Tolkaappiam and Silapathikaram. She was that ferocious to protect all her devotees against the demons. Korravai is worshipped in a kovil on the highway at Le Reduit. No demon could believe that God is supreme and God can create, destroy and recreate. This is the divine nature of Lord Shiva and He took the demons by surprise and he created a divine body with the brightest fire sparks to {1} to burn and melt down Tarakasuran {2} to transform Sinhamuki and Surapadman into light and gave them salvation.

Lord Muruga is pure light. That was the mission of Lord Muruga. After achieving the goals which were set to him, devotees got him married to Valli to allow him to be part of nature so that he can come in and go from the world as on need and gods got him married to Deivayanei so that he can go to and from heaven, Avinankudi, his resting place. When does he come into and goes out of the world. Why does he come? Devotees worship him carrying kavadis while doing penances. Therefore the Lord will rescue his devotees when he sees the need. When the needs do crop up?

The need becomes urgent when Puravinathar, wicked people exceed beyond the threshold of tolerance. The lord incarnates or simply blesses a guru to do the job of redemption and at the same time to pacify the fear of Agavinathar, the bunch of virtuous people. We have seen how the Lord turned an evil-minded person like Arunagirinathar into a saint and blessed him to teach the world to follow the path of illumination by singing the Thirupugaz. Carrying the Kavadi was ordained to Idumben. Another devilish person changed into a deity by Lord Murugan upon confession and demand for grace. But carrying the Kavadi is no more the ideal way of worship for the Lord. The lives and works of the following 5 divine souls show that Lord Muruga requests a more human approach to mark his presence on earth. We may continue with carrying Kavadis with appropriate penances and bhakti for health care

purposes but our efforts should rather focus on relieving the miseries of people .

Saint Ramalinga Adigalar.

Charity life and total surrender are the real spiritual and religious acts that the Lord is pleased with as proclaimed by the appearance of Saint Chidambaram Ramalinga Pillai, commonly known as Ramalinga Adigal or Vallalar. Born on the 5th October 1823 at Ma

rudur ,Thiruvottriyur,Chennai ,Tamil

Nadu and at the age of 6 months he could recognise Lord Shiva actively dancing the bharathanaatyam

through the Chidambaram Ragasiyam which any visitor can actually see at Perunthurai Chidambaram.

Ramalinga shunned school education and spent his childhood at a small kovil, KandaKottai, Chennai.

He got all his education from Lord Muruga himself. He became a self effulgent personality ,curing sick

people .which drew crowds of murugan devotees to his religious a

nd spiritual discourses ,He broadened the minds of people with the Thirukural and

Bagavatgita in a more general way . But his illumination enabled him to draw more attention on Lord Muruga as the supreme light.He lived very simple ordinary life .He empathized so

much with the poor and the sick,charity and education were his instructions as ceremonies to please Lord Muruga. He gathered tremendous rallies around him and succeeded in creating a

Satya Dharma Salai to procure daily food to the poor and sick.This Salai is still functioning today.He has written a lot of works to guide his students towards Lord Muruga and his world

known text THIRUVARUTPA is a combination of the Thirumandiram of Siddhar Thirumular and the Thiruvagasam of St Manickavas

agar.His famous

ARUTHPEROUNJYOTHI THARUNPERUNKARUNAI

ARUTHPERUNJYOTHI

Supreme Divine Graceful Light

Supreme Divine Infinite Compassion

Supreme Divine Graceful Light

In the Bagavatgita Lord Krishna says { Among mantras ,I am Gayathri Mantra.}

Lord Muruga is the Supreme Light.

On the 30\1\1874 , at the age of 51 Ramalinga Adigalar changed his body into pure light and vanished

from the surface of the earth.Closest devotees from abroad can still visualize his physique and they all

believe Vallalar is still present as an envoy of Lord Muruga who empowered him to save the world

from the cruelties and injustices of wicked people and institutions.

A home on the premises of Sockalingum Meenaat

chiamman Kovil ,Nicholay Street,

Port Louis,bears the name of Ramalinga Adigalar,

The real worship of Lord Muruga is in the service of the poor and in educating the mass to

believe

and worship God in the form of Light. The three fingered straight vibhuthi stripes affixed on the body of Ramalinga Swamigal is the hope to conquer death, that is the cycle of birth, life and death altogether. Saint Ramana Maharishi.

Sri Ramana Maharishi was born in 1879, 5 years after the vanishing of St Ramalinga Adigal. In his 17th year he attained enlightenment through a remarkable experience as if undergoing death

of the physical body while remaining in full consciousness. Following this transformation he left his home and was drawn irresistibly to the hill of Arunachala, Thiruvannamalai, Tamil Nadu.

He became the light of Thiruvannamalai. Indian visitors and foreigners flocked to the place. They experienced so many miracles which Sri Ramana declined as his boon but related them to the faith of devotees. Thiruvannamalai is the kovil where St Arunagirinathar was illuminated by Lord Muruga who gave him the Thirupugaz in the 15th Century. Lord Muruga has lived in the person of Sri Ramanah Maharishi, This Divine Soul talked only three languages, Tamil, Sanskrit and Malayalam, although he understood all languages by the Grace of Lord Muruga. Sri Ramana Maharishi left a few literary works such as Upadesa Saram, Ekatmapanchakam which are all related to the simple Truth "know thyself"

Knowing thyself

--

will lead people to discover that Lord Muruga dwells in each human being.

It is to be noted that Sri Ramana Maharishi suffered a lot of physical illness to show the effect of Karma in one's life. He could absorb the bad Karmas of his devotees. Sri Ramana Maharishi defined Moksha liberation, as getting rid of nonexistent and attaining the bliss which is always there. {I am that I am God} The Self is God. Lord Murugan exists in the Self, as KUGAN.

When the time came for Sri Ramana Maharishi to depart from this world, he called his devotees to close his small grass hut and He vanished and became Light just like Saint Adigalar. People visiting

Thiruvannamalai see a small lamp always brightening on the kovil premises

It is the Light of Arunachala Shiva, the Light of Sri Ramana Maharishi, the Light of Lord Muruga.

The closest devotees always feel the presence of Sri Ramana Maharishi around them as if Lord Muruga lives eternally at this place of Arunachala. Know thyself and become a part of Lord Muruga

Gnanaguru Venugopala Swamigal. He lived in the village of Palani. His education was only up to fourth class. He became a small merchant and he earned a honest living by selling cloth in the village market, One day he saw a type of lunatic boy approaching him with a cup of tea, When he refused, the boy abused him and so he accepted his company with fear. Many times

the boy would come to him and in the final visit, the boy told him that he would cure his ailing wife with a lemon and a pinch of vibhuti. As Venugopal's wife was condemned to die after a long incurable disease, he accepted this simple remedy although coming from the

looked like a lunatic boy. To his great surprise, Mrs Venugopala was cured immediately. When Venugopala looked for the lunatic boy, the latter had disappeared from the circulation. He went to Palani Muruga for thanksgiving and he saw the lunatic boy in the Kovil and soon the boy disappeared and Venugopala received an illumination of the boy with Lord Muruga. He finally realised that the boy was none but Lord Muruga, his Family Deity {kuladeivam}. He gave him the name of Mahan and invoking him as Lord Muruga, he became a yogi of the Lord. He obeyed the instructions of the Lord and he received

divine revelations on enlightenment and was assisted in getting divine knowledge from the greatest Siddhar of Lord Muruga, Yogi Agashtiyar. Agashtiyar Maamuni was assigned by Lord Muruga to teach the Tamil Language to the people of South India. Lord Muruga is the God of the South

, THENNAATHUDAYA KADAVUL.

Service to the Lord is service to the poor and downtrodden. Lord Palani shows a stage of poverty. a beggar

SRI LA SRI PANDRIMALAI SWAMIGAL.

He came to South Africa and Late Honourable Basant Rai invited him to Mauritius.

At Ganga Talao, amidst a lot of Tamil admirers, my father in law inclusive

, The Swamigal, a great Siddhar manifested flowers, fruits, agarbathi with burning perfumes and vibhuti in open air and gave them all to the audience composed of the then ministers of the government. That Bhakten of Lord Muruga created a lot of memories in Mauritius in the year 1976.

Answering several questions, Swami Pandrimalai replied that His mission was to serve God and

God's purpose and through God's grace to serve humanity. There is only one community, that is mankind and there is only one God. There is a close contact between Divinity and Science and when Divinity starts Science ends. The only solution to the ills of the world is to pray God to save us. Only prayers alone can be answered by God for the good of the humanity. People have to speak the language of the heart. The language of love in the soul is the same in all the world. He is Guru, the dispeller of

ignorance, darkness. Guru is Brahma, Vishnu, Shiva, Guru is supreme. There is no equal to Guru

. One who has a Guru is blessed. Lord Muruga is the Supreme for all humanity as the Son of God. Only a realized Soul can be a Guru and the realized Guru emanates from the light of Lord Muruga. Service to men is service to God, This is the real worship to Lord Muruga. Lord Muruga was the Guru to Sri La Sri Pandrimalai Swamigal

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**THE GREAT SERMON.**

(பேருபதேசம்)

**PERUPADEASAM.**

**SAINT RAMALINGAM.**

**(Revealed on 22-10-1873)**

**The Great Advice of preaching of Vallalar.**

This was revealed on 22nd October, 1873 (Tamil month of Aipasi 7th day),

Tuesday morning 8a.m. at Mettukuppam, Siddhivalaaham Thirumaligai,

Cuddalore District.

(Home of perfection where Vallalar attained Immortal body and made his body invisible and mingled with Arutperunjothi Almighty). After unfurling the **Suddha Sanmarkam Flag, (one fourth yellow colour at the top, and three fourth white colour at the bottom)**. This Maha Upadesa (or) Perupadeasam was given to be noted down by the disciples.

All of you living here are advised not to waste the time in vain, as you had been doing now.

Until for some time when it is expected for the outward manifestation of the “Almighty” Arutperunjothi at the Dharma salai at Vadalur, you must be continuously involved in good enquiry and inquiry of the soul and God.

To know how to do the “VICHAARAM” self inquiry, it is:- What is the nature and conditioned state of our-selves and our soul. And all so, what is the nature of self-existing Almighty God who is mastering and ruling us being seated above all of us.

Accordingly, all of you should do “VICHAARAM”, either individually solitarily or collectively, along with amicable friends who are harmonous with or fit to your intelligence or knowledge and disciple, or otherwise, if you can have inquiry with VELAYUTHA MUDALIAR, (His disciple), he will reply upto the maximum standard of a man’s enough understanding.

**If we can do this kind of ‘VICHAARAM’, the fore most veil of dark green, which obstructs strongly our soul-knowledge without enlightenment will get removed and vanish.**

**If that first veil vanishes, all other veils will vanish more quickly and automatically. That Green colours the fundamental colour of black.**

We should appeal to the “Almighty” ARUTPERUNJOTHI”, with continuous thinking and singing with prayer for the removal of the so called Thick veil and also realizing our short comings and faults combined with our needs, even when we are sitting and relaxing by lying down on bed; and also we should make efforts with Devotion, and Divine love so that the real truth will be revealed to us. This “VICHAARAM”, is of two kinds;



1. **Param**, the Supremely higher one which is about “ARUTPERUNJOTHI”
2. **Aparam**, the lower which is related to The World of the Divine, or Param; where as aparam is related to This World, Aparam.

Between these two, the ‘VICHARAM’, which is related to this world “IHA – LOHAM”: is not the real inquiry (VICHAARAM). Because, if anyone is involved in VICHAARAM, it should not be considered as standard “VICHAARAM” is VI + CHAARAM, Here this “VI” is prefixed to distinguish and deny the ordinary worldly “VICHAARAM”; Truly, CHAARAM means misery, sorrow. So “VI + CHAARAM” means to remove and renounce the misery and sorrow. Moreover, “VICHAARAM” is revealed only to refer to “para-loka-VICHAARAM” the inquiry about the divine world and divine life.

**Just as we remove the fungus above the stagnant water of the pond, it is not easy to remove the thick dark green veil of “RAAGA DHUVESA”, the “likes” and ‘dis-likes” which obstructs the vision of our soul knowledge, without the transcendental heat of “VICHAARAM”, ‘VICHARA ATHI-USHNAM”.** This kind of divine causal heat can be realized by the spiritual experience of an adept yogi.

This Divine heat is not be known to be created or kindled by any other human efforts. Even more than that “VICHAARAM” exceedingly great heat. **ATHI – USHNAM can be created by doing melting prayer, praying with devotional songs, and meditating and thinking about the Divine nature, Divine truth and glory. Only for this ATHI – USHNAM, the Yogi, go and live in forests, mountains and caves, for hundreds and thousands of years and kindle the heat with severe tapas, penance and strict observances and self-control.**

**Besides doing this kind of TAPAS and creating “ATHI – USHNAM” or heat, it is by singing the Divine glory and greatness with prayerful songs and meditating the Almighty God Arutperunjothi, it is possible to create crores and ten crores (millions and billions) times of “ATHI – USHNAM”.**

**How to produce that VICHARA – ATHI – USHNAM ? It is as follows:**

**If we can try for one JAAMA or YAAMAM, (three or four hours of duration continuously) involved in Para VICHAARAM (i.e.) Divine inquiry. Without (IHA-VICHAARAM) this worldly enquiry, and also meditating or singing the glory, along with prayer of Devotional songs with melting of the soul and mind, we can attain and achieve whatever we have to attain.**

And hence in this world, the worldly people would refer to the VICHAARAM as misery and sorrow without knowing or understanding real truth and meaning of VICHAARAM. But we should not consider that kind of meaning. What they mean is that VICHAARAM itself as misery or sorrow, which is wrong, and also it is not the right meaning, ‘CHAARAM’ means, misery and sorrow (DHUKKAM). But “VICHAARAM” means the removal or destruction of

sorrow and misery. And hence VI + CHAARAM = removing or driving away, the misery and sorrow. The prefix, "VI", which had removed the misery and sorrow, (i.e.) CHAARAM so VICHAARAM refer only to PARA – LOKA – VICHAARAM, inquiry of the Divine World. And so we have to be continuously involved in VICHAARAM. Also VI + CHAARAM means "VI" danger or accident and mishappening, CHAARAM means removal or driving away danger and accident. Conclusively we should be trained and inculcated in good efforts continuously in SATH – VICHAARAM.

Moreover, somebody may ask: Oh ! This is the best occasion or proper – time for the advent of the Almighty "ARUTPERUNJOTHI".

Why is it necessary to do efforts at this time of the manifestation of God ? Can we attain and achieve whatever we have to achieve ?

**Yes. This is good that you asked this; it is really True that the Almighty is to manifest. Also it is True that the veil and obsecuring screen is going to be removed by Him. It is also true that you will achieve or obtain whatever you have to obtain. But the already mentioned green veil or screen which is connected with RAGA DHUVESA, the likes and dislikes, is existing in two parts.**

That is as follows:

(1) **Asuddha Maya** veil, which is related to impure kind of Maya.

(2) **Suddha maya** veil, which is related to pure kind of maya or illusion. Among these two one part is at the base on the lower portion; another at the top portion. That which is at the lower is the veil of Asuddha Maya. That which is at the top is veil of Suddha Maya. Among these two, Asuddha Maya veil has the aim, and tendency of enjoying this worldly enjoyment "IHA LOKA PHOGA", But the suddha Maya veil is related to the achievement and perfect realization of paraloka, the Divine world and life.

**When the Almighty ARUTPERUNJOTHI manifests, and grants favour by His Omni Grace, he will remove only the Asuddha Maya Veil at the lower part of the ordinary human beings, who had no effort and practice of SATH – VICHAARAM.**

**Therefore it is possible at that time when that lower veil get removed, we will be blessed with purity to become purified persons, but we can not achieve whatever wish and goal of perfection. Moreover we cannot obtain the Divine favours of performing the penta-divine functions (of creation, production, purification, involution and evolution by grace-blessing), along with other siddhis or (supernatural powers of perfection) and also to practice and gain the spiritual experience, ANMA – ANUPAVA.**

**Therefore, we will have to do good efforts and get spiritual upliftment.**

Also the confusion and loud crying and noisy talks, etc., had emeroad, with the divine,

purpose, of preparing training the true, and adherents and devotees to perfection and ripening of soul and also to avoid and remove the sinners and criminals. And so if we can live with continuous effort along with special attention or awareness, both Asuddha Maya Veil at the bottom and suddha Maya veil at the top which is of green colour will be removed at the time of the advent and manifestation of the Almighty God. **Asuddha Maya Veil is of dark green colour** but the **Suddha Maya Veil of golden green colour**. When the Suddha Maya Veil of dark green colour had been removed, other following veils will be very quickly removed.

You can find and realize the detailed description of these Veils or screen detailed or described in the Arutperunjothi Agaval poem (of 1596 lines). Moreover, when these veil get removed, anyone can perform the divine, penta functions, etc., Super natural deeds. And so, if every one can try with good efforts, it is possible to gain proper and sufficient benefits and profits.

**Further more, let us not put our belief or faith and goal in the philosophical Art's and stories such as VEDAS, AHAMAS, PURANAS, ITHIHASA etc. Because, in these books of imaginary arts, only symbolic and hidden Truths are erotic without revealing the real facts, the authors had veiled and obscured the truth, as though somebody is covering with soil and dust (over the death body). Even without revealing with a little atomic measure, they had symbolically represented the micro-cosmic (pindami-Nature superimposed upon the micro-cosem (Andam).**

For example, the false authors had named and represented the Almighty as **“KAILASAPATHI”, ‘VAIKUNTAPATHI’ and ‘SATHYA YOKAATHIPATHI’** and also imaginarily constructed the proper shrine, the vehicle (VAAHANAM, WEAPONS (ARPUTHAM). The inner mould (VADIVAM), **the external form “RUPAM” etc., exactly like a human being and even forgetting the Truth**, they had expressed the imagination itself as Truth. If anybody enquires, “Does the divine God possess hand and legs similar to a human being?”. They hesitate and get be wildered without knowing to reply. The later followers, calling or naming themselves as great men, had puff led and bluffed nonsense things by closing their eyes of Truth vision.

But the ancient one who had covered and hidden the Para Truth was a great Adept or genius and powerful person. Till now, nobody had discovered and found out what he had veiled and hidden, what he had looked or covered, no one had struck and broken the lock that he had sealed.

**In the false religions, some occult power (KARMA), Siddhi had been imaginatively promised. If we try perseveringly for ten or eight years for every SIDDHI, it is possible to attain little siddhi. If we put our Goal or Aim for these siddhis, the goal towards the Almighty God, will get deviated away.**

**If the aim of God realisation goes, at last the great profit or benefit will go in vain. Or,**

**otherwise, if anyone tries for a long time, and attains a little siddhi, the great gain or soul benefit will go away.**

**So, let no one put the aim to attain the little siddhi but should aim at the Almighty God only.** The evidence for the imaginary description of above said siddhis: the prose writing 'PERU VINNAPPAM' (of Vallalar) and THIRU ARUTPAA – ARUL VILAKKA MAALAI poem which begins as "IYAL VEDHA AAHANAMGAL" and also one should realize the important notes and ideas in them.

Like this, the grammatical formulas in "VYAAKARANAS, THOLKAAPIYAM, PAANINEEYAM" etc., are almost false and imperfect. The explanation is (90 ninety, Thonnooru) 900 Nine hundred, THOLLAAYIRAM, which are the numerical names "THOL' – The real meaning of "Thol" is one digit less than the said 90, 900 also ONDRU (one-1, two-2...) Nooru (hundred) 100.... (999). The last letter ends in 'U'.

This is because the siddhar's had named the number to end in "U" for some reasons. THOL + NOORU = THONNOORU, 90 = 100 – 10. THOL + AAYIRAM = THOLLAAYIRAM: 900= 1000 – 100. "THOL' means one digit less than the said. "THONMAI" had been inflected or reduced to "THOL' (THOL + MAI) = THONMAI.

Likewise, we should not put faith in 'SAIVAM, VAISHNAVISM" etc., religious and VETHAANTHA AND SIDDHAANTHAM ETC. philosophies. Because in them, the Truth had been revealed only partially, and Mystically (secretely, obscuring the Truth but not expressed plainly and perfectly). If we learn and practice these arts, there is not enough time for us. And so, let no one put the aim on the above religions etc., Because we can gain only a little benefit but cannot attain the great life of eternal bliss of soul gain which is natural truth and also realize with active living Because there is no time for us, I stand evidence for this truth. First, in my early life time, I had put my full aim and goal in SAIVA RELIGION with intense devotion, as known or witnessed even by PATTANATHTHU SWAMIGAL VELAYUTHA MUDHALIYAR ETC. and also few others. That Dogmatic faith had gone away (how ?) you will know from my early poems (of Fifth Volume) of 'THIRU ARUTPAA SONGS'.

**Why I had that much attachment and was immersed in that was that I had been a very little knowledge and so-little understanding, but now the Almighty Arutperunjothi had lifted me up above lofty Summit heights. This because I had abandoned every thing or attachments and also if you can leave anything untrue and unwanted things, you can get great gain like me.**

Had anyone, who had not renounced or sacrificed fully gained any Profit no but they had only lost what they had got. They had not gained any profit, if anyone assumes that the attachment and aim on the religion had lifted me up. **But what is that which had lifted me to this highest place, that the DHAYAVU – (THANIPERUNGARUNAI' or supreme compassion)**

**‘the Almighty had revealed that which had to be INFORMED even in my early times’**, the reference from my Prose Writings of great Appeals (PERU VINNAPPAM) and also from the songs of grace (THIRUVARUTPA POEMS) beginning from ETHTHEAVARAIYUM NIN SAAYAIYAAI”, I viewed all Gods or Devas as the shadow or similitude of **‘ARUTPERUNJOTHI’** and also in the poem **‘THEDIYATHUNDU NINATHURUVUNMAI’**.  
“That I had searched for the truth of Thy Reality.

**Moreover, what He had revealed the true and great discipline is “KARUNAIYUM SIVAMEA PORUL ENAK KANUM KAATCHIYUM PERUGA’** meaning ‘the compassion and the aim of God Almighty, ARUTPERUNJOTHI, is the aim of real matter and goal to be seen as the view point. Only this Gracious compassion had lifted me up. That is DHAYAVU, Compassion. Only this mercy or compassion had uplifted me up, for that compassion “ORUMAI” the oneness or the unity feeling of souls, is necessary. Only when that “ORUMAI” the oneness of unity of souls is realized the compassion will emerge or manifests ‘only when compassion comes, we can go up to great heights. Now my knowledge had transcended above so many millions of universes (ANDAMS), that had resulted from this ‘ONENESS’ of soul fellowship.

If anyone who is obstinate, does not come along with my path or does not heed to my words, or obey my advices and instructions, in whatever manner, but behaves rudely. I will try my best with skilful STRATEGEM or by any trick (THANTHIRAM), of

1. அவனுக்கு நல்ல வார்த்தை சொல்லுவேன்
2. மிரட்டிச் சொல்லுவேன்
3. தெண்டன் விழுந்து சொல்லுவேன்
4. அல்லது பொருளைக் கொடுத்து வசப்படுத்துவேன்
5. அல்லது ஆண்டவரை நினைத்துப் பிரார்த்தனை செய்வேன்

1. saying good or friendly words or speeches; or
2. I will teach or mend with threats or scoldings or challenges (of strict observances of spells) or;
3. I will fall prostratedly at the feet, making entreaties to condescend to my words or I will surrender with obedience and obeisance to get him friendly; or
4. I will try by giving money and other desirable objects, gift articles to bring anybody under my control and favourable co-operation or;
5. atleast I will try my earnest prayer, (appellations, worshipful chantings or singing songs of Divine – Love and compassion). Like wise, I will bring anybody to come to the path of virtue and goodness of compassion and grace.

Let all of you also try and pursue, like me, in the same method and manner.

Even during the previous night, I had been appealing and soliciting with prayers to the ALMIGHTY ARUTPERUNJOTHI, that without any active presence, even for a second, the people here would not feel at home and live satisfactorily.

That is NOT meant exclusively to the people living HERE ONLY, but also to the whole human beings, or groups of people living all over the world.

**The reason is that I had been appealing to the Lord that all are my brothers and sisters of integral unity of Right of soul love and be loved by compassion, I had been revealing this truth of the universal Right of the Integrity or oneness of soul-love, 'AANMA NEYA – ORUMAIPPAATTU – URIMAI'.**

If anyone does not come to the path of discipline and perfection, but behave like mean-minded or petty minded persons with lower intentions (of animal feelings and behaviour), I will try my best as there is little or short time for the manifestation of the Almighty before the sanctum sanctorum of Sathya Dharma – Saalai (Sanctuary of Eternal Service) or in the public way of common preparation and collective evolution, till then let all of you come to accordance to fit with true discipline and also try to pursue and mend others also, to bring into harmonious trend of ourselves or merciful beings, try and through any trick or means of psychological methodology.

**Let you all try and do like this for some time. I will also pray and appeal to the Lord, for the attainment of soul profits and so all of you also should behave and not according to me.**

NOT ONLY the religious persons but also the God men VEDANTHA AND SIDDHAANTHA systems of philosophy, who had been proclaiming and calling themselves as great man and great genius or leaders, prattle and babble like religious fanatics are revealing ONLY false rumours and statements leaving the Truth.

They are NOT revealing the truth outwardly or explicitly to be understood by clear reasoning.

**I had been sympathizing with or feeling heavy at heart at those people who, without knowing or realizing the Divine, are circumventing me or coming round in obeisance to me. Considering me as the Divine-embodiment or God head. Oh ! Pity ! I had been fully sympathizing with them that these (our) brothers, not knowing or realizing the Divine are coming round me and accompanying me always.**

**The reason why they had not realized the Divine is that without experiencing the taste of any eatable, the real taste could not be known there will be no wish or liking for any eatable, whose taste had not been known or experienced already.**

**Likewise, until one has the direct experience of Divine, there will be no wish or**

**devotion for the Divine.**

And hence, let you be involved in doing “SATH VICHAARAM” with the main goal or intention or realizing of knowing the Divine.

The methodology of doing SATH – VICHAARAM is as follows: -

**‘What is the real position and status of the sun, the moon and the stars in the macrocosmic-universe (ANDAM) ? What is the inner form, outer form and the real nature of them (the sun, the moon and the stars).**

**Who are in this physical body, the Microcosmic-form, (PINDAM) ?**

**What is the reason that there is the over growth of hair on the eye-brows, hand-pits etc., What is the factor of reason for the hair, not growing upon the parts of the body like the forehead etc.,?**

**What is the reason for the emanation or germination and their further growth of the nails on the fingers at the legs and hands ?**

**What is the inner form, outer form and the self existent Nature of them ? Likewise, one should enquire about the Micro-cosmic phenomenon (PINDAM). This should be done uninterruptedly and continuously. If we are deeply involved in this and continuously in doing SATH – VICHAARAM, the worldly people would speak ridiculously or criticize about that.**

To speak ridiculously ill of this (SATH – VICHAARAM), like that is the inner tendency or nature of those people. Because they don’t know the real TRUTH (UNMAI) about this.

And hence, let you NOT consider or bother about their criticism (or let you not intently worry about their ridiculous censures).

Likewise, if we can inquire about the fact that the Almighty Creator, who had put proper and sufficient holes in the ear-lobes, He could have already put proper and fit holes in the ear and nose, if HE (THE ALMIGHTY) had the wish and will to adore the ears with ear-studs for the males and to adore the nose with nose-rings for the females, then no one would have the acceptance and preparation for adorning the ear with the ear-rings and the nose with diamond-studs etc,

**If we do self enquiry thus and create carelessness or intention less ness for the worldly enjoyments, the state of desire less ness (NIRAASAI), would be attained.**

**And hence, the fifteenth state of YOGAM IN GNAANAM (Gnaanaththil Yogam) which is among the four kind of steps of divine practice of preparation (SAADHANAM), like**

**i) SARIYAI (divine discipline and observances)**

ii) KIRIYAI (divine action or divinely deeds of devotion etc., )

iii) YOGAM (Divine union);

iv) GNAANAM (Divine Wisdom)

Then the third step of Yogam in Gnanam

Whereas,

i) Gnaana – Sariyai, 13th step.

ii) Gnaana – Kiriya, 14th step.

iii) Gnaana – Yogam 15th step.

iv) Gnaana – Gnaanam, 16th step.

And hence, let you be involved fully in this VICHAARAM or self enquiry.

If you could be practicing this Saadhana of Vichaaram, continuously, the Almighty will reveal to you limitedly for the conditioned knowledge).

(KANDAMAHA – கண்டமாஹ) when the Almighty manifests out (for collective evolution) and again, when you attain the state of ONENESS of INTEGRITY (ORUMAI) of feeling and realization. He will (surely) manifest fully or unlimitedly (AKANDAMAHA அகண்டமாஹ), (without reserve or exemption or exception).

And hence, let you be involved peacefully in this effort.

I had been advising and revealing the TRUTH to you for about 2 ½ (Two and half) years, Further, there will be some “STOPPING” or half of involution for those who will tell or reveal to you.

Further more, let you NOT think and behave or live as you had been so, in the past till now.

**(THIS WILL BE THE LAST WORD OR REVELATION (KADAISI VAARTHTHAI)**

“From NOW ONWARDS”, let you be involved for some time, until the manifestation of the Almighty in the public or common revelation at the DHARMA SALAI (Sanctuary for the external service) in doing SATH – VICHAARAM or self inquiry.

Moreover, in the sacred texts or Religious and Religio-philosopher, their so-called authors or authorities had hinted or noted the Divine Truth, as symbolic Representation and also without revealing exoternically or explicitly, they had revealed the partial truth, esoterically or mystically, such as or like this “SIVAAYANAMA” (Salutations to the Lord Siva) combining, with the core formula ‘SIVAAYANAMA” other complex forms (SANGAI) of 1, 2, 3, 4, 5, 6, 8, 10, 13, 15, 16 etc., permutations and combinations of MANTRAS and had put them into



practice and it is seen prevailing in the daily practice of the public.

The meaning of the Mantras will vary in many measures and interpretations. And hence, our GOAL to be attained is ONLY the (AANMA – LAABAM) Soul-experience or Soul Profit which is the experience or enjoyment of the Divine Bliss (SIVVANUBHAVAM).

For all of you living here (with Almighty's faith), there is no worry or enquiry about (SUVARGA (Heaven) or NARAHA (hell)).

Those who are concerned about the heaven or hell, will practice so many Saadhana or practices and after attaining little profit or infinitesimal Boddhis (occult or supernatural powers), will get obstructed in their spiritual path and at last, by divine favour or Divine help of omnigrace, they will practice the good effort or perseverance of compassionate service (KARUNAI – NAN MUYARCHI) and consequently or ultimately obtain the ultimate perfection of bliss (Siddhi – inbam). This process is very rare and tedious.

At his moment, the Almighty ARUTPERUNJOTHI had removed or abolished everything (untruth or non bliss or all miserable manifestations) had been revealing as to me, in order to attain the supreme, soul-bliss, with the favourable help and guide of the primary saadhana, for the ultimate experience or enjoyment of the Divine Bliss (of Eternal Blissful Life).

**I had already revealed, I am revealing this NOW and I will also reveal in this future out of the sympathetic feeling of the universal Right of the Integrity or Oneness of Soul-love and compassion (AANMA NEAYA ORUMAIPPAATTU URIMAI) this TRUTH, emerging from the soul experience of Truth knowledge (MEYYARIVU), the Truth experience of Truth knowledge and the enjoyment of the soul bliss of (Eternal Blissful Life), so that all of you have to attain like me. without doubt, misconception or confusion or of understanding.**

The Divine commandment of our Almighty ARUTPERUNJOTHI, is as follows: -

**“As our FIRST or FOREMOST Saadhana or spiritual practice, is the “KARUNAI” the Discipline of soulful compassion, the Almighty had taken explicitly this Divine Formula (THIRU MANTRA), as the Foremost practice or primary saadhana, as**

**“ARUTPERUNJOTHI ARUTPERUNJOTHI  
THANIPERUNGARUNAIARUTPERUNJOTHI”**

**“Omnigracious Infinite Light,  
Omnigracious Infinite Light,  
Unique-Immense-compassion  
Omnigracious Infinite Light”**

**Mercy (DHAYAVU), compassion (KARUNAI) and omnigrace (ARUL) will reveal or hear the same, and similar meaning, and hence, the soul knowledge with Supreme compassion ITSELF, is the fully perfect and whole Bliss. That is, the Supreme Knowledge with its Supreme Compassion. This is the word - for word meaning of the MAHAMANTRA VAAKYA, the Great sentence of the Greatly Divine – formula.**

**If anyone continuous and got ripened into the spiritual Saadhana of Practice, there is no obstacle for the ultimate enjoyment of the Divine Bliss (INBA – ANUBHAVAM).**

Let your realize this fact through the evidence of proof of the classical Text:

“SANTHATHAMUM VEDAMOZHI, YAATHONRU PATRIN ATHUTHAAN VANTHU MUTRUM”

Meaning, whatever VEDA or Truth of knowledge, you take as the word of belief of faith, to be realized, the ultimate GOAL will be attained accordingly.

Moreover, the Karma Siddhar (Supernatural persons of divine action, with occult powers), of impure – maaya – nature, had obscured or veiled the Divine – TRUTH, with revealing it explicitly.

Till today, these had been not other – Gnaana Siddhar of pure – Maaya (illusion), nature, who were great in experience of Truth knowledge and Bliss. Till now, there had been no prevalence of Suddha-Sanmaarkam, the Absolutely True path of compassion and Eternal Blissful Life.

**Moreover, even the dead would have got resurrected back to new spiritual life. And hence, NOW, THIS ONLY, IS THE PERIOD OR Duration of SANMAARKAM.**

ONLY to hear witness to this TRUTH, the external symbol of aanman, a Flag had been unfurled, NOW ONLY.

The bare TRUTH of the Flag is that, there is a system of plexus, starting from the navel (umbilicus, NAADI) and terminating at the eye-brow centre.

At the fore end of the fore head, there is a membrane hanging within.

The base or bottom of that membrane is of white colour, whereas the upper part of it is yellow colour

Below this membrane, there is a NERVE, moving up and down in simple Harmonic Motion.

This kind of FLAG could be got realized in our soul experience.

ONLY to refer to this experience, symbolic colour had been unfurled.

Further more, better experience will be revealed for all in our soul knowledge.

Even when I start to reveal the TRUTH, as I had been ORDAINED to do so, there is NONE,

to understand and realize this fully.

As there is the Sanmarka Flag got unfurled externally, all of them will realize the TRUTH. Those who had come earlier with this Mission of Messengers to reveal the TRUTH, had NOT ONLY hidden the truth, but also obscured it as though throwing mud and soil upon the TRUTH.

**At this moment, the Almighty had been revealing them, revealing NOW, and will be revealing further. Let all of you perseveringly pursue, with continuity SATH VICHAARAM Self inquiry, with full vigilance, attention and true knowledge.**

Necessarily and compulsorily, there should be the discipline of compassion, which is the basic for SATH VICHAARAM.

Also, there should ALSO be the general, public and common feeling of the soul Right of sharing with the common Right of Integrity or Oneness of Soul Love.

**If you can live like this, you will gain all benefits, and gains at the time of the manifestation of the Almighty ARUTPERUNJOTHI.**

This SHRINE (of Siddhivalar Thirumaligai - Sanctum Sanctorum) will bestow millions and billions times help and assistance, more than that which could be done by one's father, mother elder and younger, brothers etc.,

**This is TRUE, TRUE, TRUE as this is the Divine commandment or the ORDAINED DECREE of the Almighty.**

Arutperunjothi Arutperunjothi

Thaniperungarunai Arutperunjothi

(Translated by ThiruArul Thirugnana Sambandham, M.A.,M.A.,M.A., Siddhi Valagam, Mettukuppam, INDIA.)

#### **Four Aims & Four Disciplines**

The four purusharthas or essential aims of the way of truth are:

1. Hema siddhi, power of transformation of baser metals into gold (possibly including transformation of physical body into a golden perfect body).
2. Knowledge and attainment of deathlessness of body,
3. Realisation of the Divine and becoming as Himself i.e., as of His Nature, and
4. Control and mastery over all tatvas or principles of existence.

These are four disciplines for achieving them. They are the disciplines of senses and body, mind and its faculties, and the disciplines of the jeeva and of anma, the spirit.

(A)The discipline of senses are of two kinds namely of the Jnanendriya, the senses of knowledge and of Karmendriya, the senses of action (i.e., relating to body). These can be

mentioned thus: to hear music and devotional songs and avoid disharmonious and crude sounds; to have a sympathetic touch and not an impure sense of touch; not to see with a cruel or unkind look; not to desire for taste and smell; to speak sweetly and not to talk lies; to prevent by some means or other any cause occasioning sufferings to beings (Jeeca himsa); to visit upon the great liberated souls; to move about to places where Sadhus, men of pious nature, live in order to render help and service to them, and also to other places where service is required; to keep normal conditions of evacuation and urination without allowing them to become excessive or deficient (i.e., by loose or constipated bowels and excessive or obstructed flow from bladder) by regulations of food and through medicines of a herbal nature and physical and chemical substances, by massage and pressing of intestinal parts and by power of will and concentration (Note: Preservation of seminal fluid in order to have a healthy and longer life and absolute taboo of sexual indulgence and of even sex-thought are insisted upon for the spiritual seekers of the Samarasa Suddha Sanmarga - Ibid p.66 & 18 "அதி துவிர பக்குவி", "காமக் குரோதங்கள்" P.104 "மூன்று ஆசை"). To cover the organs and parts of the body such as head and chest; not to wear dirty clothes; to wear footwear etc.

(B) The discipline of mind and its faculties imply transformation of mind into the form of knowledge of Ajna centre, the derivative centre of Cit Sabha சிற்சபை என்னும் அறிவு ஆக்ருதி ஆக்கல். Its first step is to get poised in Ajna, the centre at the mid of brows. Mind shall not be allowed to dwell on bad and evil thoughts, nor on the defects of others; to have no personal regard or egoism to eliminate anger, jealousy, pride, vanity etc. and to become of the true satwa nature i.e., of a nature with the clarity and happiness of consciousness; to control movement of tatvas (i.e., of the lower nature) from their excesses or outrageous behaviour.

(c) This discipline of jeeva (i.e., psychic discipline) shall be thus: To treat and deal with all men and women as one's own equal self or selves, irrespective of differences in caste, religion, philosophy, stage of life or ashrama, traditional heredity and nobility of family, adherence to scriptures, nationality and low or high social status etc.

(D) The discipline of anma, the spirit, is to become integrally the infinite and universal All-existence, because the Divine Himself dwells within all living beings from ant to elephant (and man) as the subtle Master and as the supreme Lord, making jeevatma, soul and self of our being, as its field of play of knowledge (Tiru Sabhai).

By following the disciplines thus, one can realise the said rare goals (purusharthas); unity will naturally result where there is the identity of knowledge.

Out of the said four disciplines, one shall sincerely follow the first two of the disciplines; the other two disciplines will not be effectively possible before receiving the divine Grace; but one shall aspire so as to be led to the last two disciplines i.e., the discipline of the jeeva and that of anma (Book of Oral Teachings, p.49-50,74-75 and (126-127).

-by T.R. THULASIRAM

The CROW is a symbol that shows man is crow if he is controlled by basic instincts. If the CROW dips in GANGA water it turns in to SWAN(Annam in Tamil) ie white color. If the Annam go near to MERU MALAI(Meru Mountain is aspritual word) it's color changed in to Reddish(PON color in Tamil).

Swan can split milk from water.Its judgement power is very high.In the same way if man starts Satvicharam and Parobakaram(Enqury and helping) the blackish virtue will turn in to white.This experience can be related to Pranava body which is white color.

If the swan goes near to Meru Malai its color will change in to PON color. It can be related to Gnana body which 647 crore siddhi(powers).

Now the question is where is Ganaga and Meru malai?

Ganga is only spritual water that cleanses all the sins.It has natural flow from the one point on the earth which is cataegorised as spritual land.In christian,muslim and jewish religion it is called "JERUSALAM".In Hindu scripture it is categorised as "HIMALAYA GOMUKH"

In the same way other relgions infering it many ways.